

## Fierce Panda Private Lesson Menu

Train smarter with focused, one-on-one martial arts coaching. Whether you're a beginner, an instructor, or somewhere in between, private lessons are built to meet your needs with precision, science, and strategy.

### What You'll Learn:

- Kyusho Jitsu – Pressure point targeting and application
- Tuite Jitsu – Joint manipulation and structural control
- Technical Breakdown – Improve strikes, kicks, and flow
- Curriculum Coaching – Customize your path or blend with your style
- Instructor Development – Deeper knowledge for teachers and black belts

### Who It's For:

- Students preparing for belt tests or skill development
- Martial artists integrating pressure point or tuite strategies
- Complete beginners wanting private intro sessions
- Instructors expanding their knowledge or teaching skills

### Session Options & Rates:

Session Type	Length	Price
Quick Focus	30 minutes	\$50
Standard Session	45 minutes	\$75
Deep Dive	60 minutes	\$125

- **Availability:** Weekday evenings preferred. Limited weekend slots available.
- Available online or in-person in the NH area.

To book your lesson, visit: [www.fiercepandaservices.com/privatelessons](http://www.fiercepandaservices.com/privatelessons)

***All lessons are personalized. Ongoing monthly packages available upon request.***